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> restart;
> a := Pi*(1+(1/4)*sinh(u)^2)*cosh(u)^2;

$$a := \pi \left( 1 + \frac{1}{4} \sinh(u)^2 \right) \cosh(u)^2$$

> a2 := subs(sinh(u) = (exp(u)-exp(-u))*(1/2), a);

$$a2 := \pi \left( 1 + \frac{1}{4} \left( \frac{1}{2} e^u - \frac{1}{2} e^{(-u)} \right)^2 \right) \cosh(u)^2$$

> a3 := subs(cosh(u) = (exp(u)+exp(-u))*(1/2), a2);

$$a3 := \pi \left( 1 + \frac{1}{4} \left( \frac{1}{2} e^u - \frac{1}{2} e^{(-u)} \right)^2 \right) \left( \frac{1}{2} e^u + \frac{1}{2} e^{(-u)} \right)^2$$

> a4 := expand(a3);

$$a4 := \frac{1}{4} \pi (e^u)^2 + \frac{15}{32} \pi + \frac{\pi}{4 (e^u)^2} + \frac{1}{64} \pi (e^u)^4 + \frac{\pi}{64 (e^u)^4}$$

> a5 := int(a4, u);

$$a5 := \frac{1}{8} \pi (e^u)^2 + \frac{15}{32} \pi u - \frac{\pi}{8 (e^u)^2} + \frac{1}{256} \pi (e^u)^4 - \frac{\pi}{256 (e^u)^4}$$

> g := unapply(a5, u);

$$g := u \rightarrow \frac{1}{8} \pi (e^u)^2 + \frac{15}{32} \pi u - \frac{\pi}{8 (e^u)^2} + \frac{1}{256} \pi (e^u)^4 - \frac{\pi}{256 (e^u)^4}$$

> a6 := g(log(2+sqrt(5)))-g(0);

$$a6 := \frac{1}{8} \pi (2 + \sqrt{5})^2 + \frac{15}{32} \pi \ln(2 + \sqrt{5}) - \frac{\pi}{8 (2 + \sqrt{5})^2} + \frac{1}{256} \pi (2 + \sqrt{5})^4$$


$$- \frac{\pi}{256 (2 + \sqrt{5})^4}$$

> a7 := int(2*Pi*(1+x^2)*sqrt(1+4*x^2), x = 0 .. 1);

$$a7 := -\frac{1}{4} \sqrt{\pi} \left( \sqrt{\pi} + (-4 \ln(2) - 1) \sqrt{\pi} - 4 \sqrt{\pi} \sqrt{5} - 2 \sqrt{\pi} \ln\left(\frac{1}{2} + \frac{1}{4} \sqrt{5}\right) \right)$$


$$- \frac{1}{16} \sqrt{\pi} \left( \frac{1}{8} \sqrt{\pi} - \frac{1}{4} \left( \frac{1}{2} - 4 \ln(2) \right) \sqrt{\pi} - 9 \sqrt{\pi} \sqrt{5} + \frac{1}{2} \sqrt{\pi} \ln\left(\frac{1}{2} + \frac{1}{4} \sqrt{5}\right) \right)$$

> simplify(a6-a7);

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0

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|> evalf(a6);  
|>  
13.10220174
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